

# Michigan City Daily Reprieve

## Step 10

**C**ontinued to take personal inventory and when we were wrong promptly admitted it.

*As we work the first nine Steps, we prepare ourselves for the adventure of a new life. But when we approach Step Ten we commence to put our A.A. way of living to practical use, day by day, in fair weather or foul. Then comes the acid test: can we stay sober, keep in emotional balance, and live to good purpose under all conditions?* TWELVE STEPS AND TWELVE TRADITIONS, P. 88

I know the Promises are being fulfilled in my life, but I want to maintain and develop them by the daily application of Step Ten. I have learned through this Step that if I am disturbed, there is something wrong with me. The other person may be wrong too, but I can only deal with my feelings. When I am hurt or upset, I have to continuously look for the cause in me, and then I have to admit and correct my mistakes. It isn't easy, but as long as I know I am progressing spiritually, I know that I can mark my effort up as a job well done. I have found that pain is a

friend; it lets me know there is something wrong with my emotions, just as physical pain lets me know there is something wrong with my body. When I take the appropriate action through the Twelve Steps, the pain gradually goes away. DAILY REFLECTIONS p 284

## Tradition 10

*“Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.”*

No A.A. Group or member should ever, in such a way as to implicate A.A., express any opinion on outside controversial issues—particularly those of politics, alcohol reform, or sectarian religion. The Alcoholics Anonymous groups oppose no one. Concerning such matters they can express no views whatever.

## “The Tenth Promise”

Fear of people and of economic insecurity will leave us.



**CRITICAL &  
URGENT  
NEED!**

Volunteers are needed to serve on the public information committee. If you have a desire to do some service work this is the perfect opportunity for you! Please plan to attend the next District meeting for further details.

## Concept X

**E**very service responsibility should be matched by an equal service authority—the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description or by appropriate charters and bylaws.

**Volunteers needed  
for Indiana State  
Prison Meetings**

# OCTOBER BIRTHDAYS



Linda W.	10/07/2004	7 years
Beckie T.	10/09/2002	9 years
Bob F.	10/19/2004	7 years

Happy Birthday to All!

To publish announcements of AA Birthdays celebrated by members each month, send name and number of years to: District 21, P.O. Box 58, Michigan City, IN 46360 or email to [district21mc@comcast.net](mailto:district21mc@comcast.net)

## Football on the Big Screen at the Dunes House

On Sunday October 2 the Dunes House is planning a football party to watch the Chicago Bears play the Carolina Panthers on the big screen television in the lower level meeting room. The party starts at noon. Bring your own food and/or nonalcoholic drink.

Plans are being made for a party when the Bears play the Detroit Lions. There might be additional football parties if there is enough interest.

AA and Al-anon meetings which have a time conflict with a football game party in the downstairs meeting room will be moved upstairs to the main level.

## The Traditions Checklist

### Tradition Ten

Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.

1. Do I ever give the impression that there really is an "AA opinion" on Antabuse? Tranquilizers? Doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? The federal or state government? Legalizing marijuana? Vitamins? Al-Anon? Alateen?
2. Can I honestly share my own personal experience concerning any of those without giving the impression I am stating the "AA opinion"?
3. What in AA history gave rise to our Tenth Tradition?
4. Have I had a similar experience in my own AA life?
5. What would AA be without this Tradition? Where would I be?
6. Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious, ways?
7. How can I manifest the spirit of this Tradition in my personal life outside AA? Inside AA?

Our Local Area District 21 Business Meeting

and the Public Information Meeting - 7 PM

on the 2nd Thursday of every month

at the Michigan City Christian

Church at 11232 W. Earl Rd.

Next meeting: October 13, 2011

**EVERYONE IS WELCOME**

# District 21 Participates at Local Health Fair

Thanks to AA Members who had already made arrangements for the Dunes House to participate, our local AA District 21 was able to take part in a health fair for employees of St Anthony's Hospital on Monday September 26. Mental health workers and social workers who stopped by our table seemed particularly interested in the AA pamphlets, but there was a steady flow of traffic throughout the day of other hospital employees attending the health fair.

Words cannot express how uplifting it was when several workers stopped by to say how much they appreciated what the Dunes House and AA had done for their relatives. Other visitors took brochures because they knew people who needed our program, but were not yet ready to participate.

It was a good opportunity to make contact with treatment centers and other professionals. We did meet with the representative of a local counseling center who was also participating in the health fair who said she would appreciate a follow-up and would also appreciate having AA literature available to their clients.

The District 21 volunteers distributed meeting lists and AA conference approved brochures to clinicians and mental health workers in addition to other hospital employees. Among the brochures distributed were *44 Questions*, *AA for Young People*, *AA for Women* and *Do You Think You're Different*. All the pamphlets had our local hot line telephone number stamped on the front for people to call for more information.

As a side note about pamphlets, our district has decided to make available to any group in the Michigan City area at no charge any of the brochures mentioned in this article to be distributed at their meeting.

The Dunes House volunteers, although really we were all co-mingled, gave away Dunes House Tee Shirts and a brochure recently created for the Dunes House by one of the officers of the corporation with information about the house and how to be admitted.

There is another health fair coming up we could participate in if we have willing volunteers. There are a lot of opportunities in the Michigan City area to carry the message to those who need it most, but unfortunately we are falling short of getting there. Please consider getting involved by either informing your group's General Service Rep about your interest to serve or by attending our District Meeting on the second Thursday of the month at the Michigan City Christian Church on Earl Road just west of Strible Pond .

# September 2011 Minutes

## From GSR Indiana District 21 Area 22 Meeting

Facilitator George P.  
Note taker Dan R.  
Attendees Helen G., George P., Laurie O., Brenda W., Jennie H.

Meeting Opened at 7:00 with a moment of silence followed by the Serenity Prayer.  
Minutes from August 11, 2011 were read and approved

Financial Reports for August and September were presented. Details for the August and September balance sheets are appended. The report was approved.

Helen G. purchased the phone for the mobile hot line. \$30 for the phone and \$35/month for service. Dan is going to set up the phone and either transfer the current local hot line number to that phone or have the current local hot line number forwarded to the new cell number.

Newsletter came out today. It was a little late because of article problems. It is sometimes difficult to get articles for the newsletter in a timely manner. It is recognized that preparing the articles is not an easy task. Laurie suggested that we should change the format of the newsletter. The observation is that most people seem to be more interested in the information side of the newsletter rather than the articles. It was decided to slant the newsletter in that direction. When we have articles they will be included but we will start putting in the monthly minutes and financial reports and try to get other AA event information to supplement. Helen has volunteered to help Laurie with the newsletter.

If anyone is interested in assisting with the phone or helping or taking over the responsibility of the newsletter, it would be appreciated.

Jennie and Brenda are working on getting commitments from people to work on the phone.

There was no prison report.

Dan is still working on trying to get information changed on area website.

Next meeting will be October 13, 2011 at the MC Christian Church.

Meeting was adjourned at 7:45 PM with the Lord's Prayer.