

# Michigan City Daily Reprieve

## Step 1

**W**e admitted we were powerless over alcohol—that our lives had become unmanageable.

It is no coincidence that the very first Step mentions powerlessness: An admission of personal powerlessness over alcohol is a cornerstone of the foundation of recovery. I've learned that I do not have the power and control I once thought I had. I am powerless over what people think about me. I am powerless over having just missed the bus. I am powerless over how other people work (or don't work) the Steps. But I've also learned I am *not* powerless over my attitudes. I am *not* powerless over negativity. I am *not* powerless over assuming responsibility for my own recovery. I have the power to exert a positive influence on myself, my loved ones, and the world in which I live. Daily Reflections pg. 11

## Concept 1

**T**he final responsibility and the ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

### "The First Promise"

If we are painstaking about this phase or our development we will be amazed before we are half way through.

Tradition 1 *"Our common welfare should come first: personal recovery depends upon A.A. Unity."*

Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward.

Just for Today I will be happy. This assumes to be true what Abraham Lincoln said, that "Most folks are as happy as they make up their minds to be."



## HELP!!!

The District is in the process of updating the meeting schedule list. Please contact your GSR or email: [info@michigancityaa.org](mailto:info@michigancityaa.org) with any updates or changes which need to be made.

**Breakfast at the Dunes House**

**The First Saturday of the Month**

**January 7th @ 10:30 A.M.**

**Potatoes, sausage, eggs, biscuits and gravy**

# JANUARY BIRTHDAYS



Scott B	1/1/1992	20 years
Joe R	1/1/2010	2 years
Robin M	1/2/2010	2 years
Sandy K	1/4/2009	3 years
Harry G	1/5/1985	27 years
Dan R	1/9/1996	16 years
Helen G	1/22/2008	4 years
Mike G	1/24/2010	2 years

Happy Birthday to All!

To publish announcements of AA Birthdays celebrated by members each month, send name and number of years to: District 21, P.O. Box 58, Michigan City, IN 46360 or email to [info@michigancityaa.org](mailto:info@michigancityaa.org)

*If any discrepancies are discovered, please contact us so that these might be corrected.*

Our Local Area District 21 Business Meeting  
and the Public Information Meeting - 7 PM

on the 2nd Thursday of every month

at the Michigan City Christian

Church at 11232 W. Earl Rd.

Next meeting: January 12, 2011

**EVERYONE IS WELCOME**

## YESTERDAY - TODAY - TOMORROW

There are two days in every week about which we should not worry, two days which should be kept free from fear and apprehension.

One of these days is YESTERDAY with its mistakes and cares, its faults and blunders, its aches and pains. YESTERDAY has passed forever beyond our control.

All the money in the world cannot bring back YESTERDAY. We cannot undo a single act we preformed; we cannot erase a single word we said...YESTERDAY is gone.

The other day we should not worry about is TOMORROW with its possible adversaries, its burdens, its large promise and poor performance. TOMORROW is also beyond our immediate control.

TOMORROW'S sun will rise, either in splendor or behind a mask of clouds - but it will rise. Until it does, we have no stake in TOMORROW for it is as yet unborn.

This leaves only one day...TODAY. Any man can fight the battle just one day. It is only when you and I add the burdens of those two awful eternities...YESTERDAY and TOMORROW that we break down.

It is not the experience of TODAY that drives men mad—it is remorse or bitterness for something which happened YESTERDAY and the dread of what TOMORROW may bring.

**LET US, THEREFORE, LIVE BUT ONE DAY AT A TIME!!**

# The Thing We Cannot Change

There are two of us for whom the struggle is over. They've had their last drink. Ed's departure was expected. Adam's loss was sudden and very much unexpected.

Ed was sober over 27 years. Although his final illness made him quite frail for the last several years he continued to attend meetings as often as he could and was a devoted Catholic. His loving wife, Joan, did much to take care of him.

Ed was a teacher with the Chicago Public Schools instructing students in physics at Harper High School, one of the roughest schools in the city. He talked about some of the success stories he had there helping deserving students to be the first person in their family to graduate from college and go on to make substantial positive contributions to the city of Chicago. He also had some harrowing experiences with violence in and around the school which would take much courage for anyone to endure.

Ed was my sponsor for over 15 years, and I couldn't have asked for a better one. He was great at calming me down when I was upset. Under his guidance often times it became clear that what I was so disturbed about really wasn't any of my business anyway. He treated me like a son inviting me to their family functions both in Beverly Shores and his winter home in Florida. I don't think I'll ever find another sponsor like that.

Another Beverly Shores resident, Adam, was taken from us suddenly. He had been attending meetings for several years although of late his attendance had dropped off a bit. He had a couple stints of living at the Dunes House. He was a young man, 25 years of age.

Adam always seemed to be smiling and his presence always brought me a certain delight. I know he brought joy everywhere he went right up to the very end.

His loss is great for his family, for our fellowship and for the world as a whole. He was a very talented person who could have done much more to make this world a better place.

The world can still be a better place because of Adam if we keep him in our minds and don't let his memory fade away. His story, shared anonymously, can be used to help others, which is the only thing we can hope for, out of such a sudden and terrible loss.

It's the one thing we absolutely cannot change. God has both our brothers now. We must trust they are in a much better place filled with a heavenly bliss we cannot even imagine.

# December 2011 Report From The Indiana District 21 Area 22 GSR Meeting

Facilitator Steve H.  
Note taker Dan R.  
Attendees Helen G., George P., Laurie O., Brenda W., Jennie H.,

The meeting opened at 7:00 with a moment of silence followed by the Serenity Prayer.

The minutes from November 10, 2011 were read and approved.

The Financial Report for November was presented. The report was approved.

The literature which was ordered is as follows: 100 each of "Member's Eye View", "Do You Think You Are Different" and "AA For Young People". Twenty each of "Daily Reflections", "As Bill Sees It" and "Twelve and Twelve". The district is going to let the GSRs pay for literature and then take it to sell at meetings or to individuals at cost. Some literature, both books and pamphlets, will be donated as necessary.

The jail orientation meeting was held. Twenty people signed up and 15 were present. The target meeting is for people that are about to be released. These meetings are usually mandatory for prisoners. Setting up a meeting for maximum security is also being investigated.

Jennie H. will be taking literature to St. Anthony, Swanson Center and Health Partners Friday Dec 9. There is a need to print new meeting schedules; therefore the schedule will be updated and we will discuss printing at next months meeting.

We still haven't received a bill for the printing of the Daily Reprieve.

Steve contacted the News Dispatch regarding the price of running an ad. The cost for an ad is \$100 for 3 lines for a week and \$75 for 3 lines for Sat and Sun. The ad will read, "If you want to keep drinking that is your business. If you want to stop that is ours. Alcoholics Anonymous 219-879-8808". He is also going to check on a multi week package.

The answering service got 3 or 4 calls, and the cell phone received 7 or 8 calls. Dan is going to pay for the next 2 months until we can get a payment set up through the bank.

Our new email address is [info@michigancityaa.org](mailto:info@michigancityaa.org). The Newsletter is on the website.

The next meeting will be January 12, 2011 at the MC Christian Church.

The meeting was adjourned at 8:15 PM with the Lord's Prayer.